

A.P.P.A.C.  
EST. 1986



3<sup>ο</sup>

ΔΙΕΘΝΕΣ  
ΣΥΜΠΟΣΙΟ

Ε.Ψ.Ψ.Ε.Π.

Με Διαδικτυακή Διεξαγωγή

►► Προκλήσεις & Επιπτώσεις  
του COVID-19  
στην κλινική άσκηση  
και φροντίδα υγείας  
The impact of COVID-19  
in clinical practice  
and health care

Σάββατο  
Νοεμβρίου  
2020

Συμμετοχή  
ΔΩΡΕΑΝ

ΠΡΟΓΡΑΜΜΑ



## WELCOME ADDRESS

Dear Colleagues and Friends,

It is a great pleasure to invite you to the **3rd International Symposium** of the **Association of Psychology and Psychiatry of Adults and Children (A.P.P.A.C)** on the **28th of November 2020**.

In these extremely critical days that we go through due to COVID-19, it is imperative to expand, reorient, and upgrade clinical practice and activities in all health care disciplines in Greece.

The main concern of our Organizing and Scientific Committees is that the **3rd International Symposium** to be considered as a new milestone of scientific development and inquiry that will contribute to the community knowledge and skills to maintain the prestige and quality of the services provided to our fellow human beings.

The Symposium will address topics that relate to infants and adults in outpatient and inpatient settings. Together we hope to create the conditions for a productive discussion and to draw conclusions that will enable us to practice our profession more safely.

We hope that this Symposium will meet your expectations and to provide up to date information in the context of treatment during the pandemic.

The success of the Symposium is based on your active involvement and valuable contribution.

We are looking forward to your attendance.

On Behalf of the Organizing and Scientific Committee,

APPAC President

**Dr. Anastasia Karkanis**



## Boards

### APPAC BOARD

**PRESIDENT:** Karkanis A.

**VICE PRESIDENT:** Theodoraki M.

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Kontaxakis I.

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Lemonidou C.

Riga V.

Orologas A.

Koumoula A.



## INVITED SPEAKERS

Aknin N. (France)

Kousouri M. (France)

Eystratopoulou M. (United Arab Emirates)

Litrivi E. ( USA)

Euthimiou E. (United Arab Emirates)

Papazafeiratou Ch. (USA)

Chrousos G. (Greece)

**Saturday, November 28<sup>th</sup>, 2020**

**09.30-10:00 Welcome Addresses**

**10:00-11:00 Round Table**

Chair: **C. Roilos, P. Alevizos**

Medical devices in facing the COVID-19 challenge

**N. Pallikarakis**

Primary prevention measures in child health education during the pandemic

**E. Anatolitou**

**11:00-11:45 Keynote Lecture**

Chair: **C. Kanaka- Gantenbein**

Stress and COVID-19

**G. Chrousos**



**Saturday, November 28<sup>th</sup>, 2020**

**11:45-13:15 Round Table**

Chair: **A. Orologas, A. Koumoula**

The psychological management of patients with COVID-19 in a psychiatric hospital in France

**M. Kousouri Arapi**

Developing mental resilience in patients with Multiple Sclerosis (MS) during the pandemic. The special case of the disease for children

**S. Theodorou**

Inclusive education after the Coronavirus

**E. Efthymiou**

Parental stress in families with children on Autistic Spectrum during the lockdown period due to the pandemic

**M. A. Eystratopoulou**

**13:15-14:00 Break**

**14:00-14:45 Round Table**

**Co-morbidity of congenital heart diseases and COVID-19 in children and adults**

Chairs: **G. Kalavrouziotis, A. Giannakopoulou**

Impact of COVID-19 in pediatric care: initial report from a tertiary care center in the US.

**E. Lytrivi**

KAWASAKI disease and COVID-19

**A. Giannakopoulou**

**14:45-16:00 Round Table**

Chairs: **K. Sarafidis, A. Gounaris, A. Charitou**

Report outcome of the American perinatal centers during COVID-19

**C. Papazafiratou**

The management of a tertiary NICU during the COVID-19 era

**M. Theodoraki**

Challenges for midwives in clinical practice during the COVID-19 era

**V. Vivilaki**



**Saturday, November 28<sup>th</sup>, 2020**

**16:00-17:00 Round Table**

**Challenges in Pediatric Nursing in the era of the pandemic**

Chair: **C. Lemonidou, V. Matziou**

Necessary changes in the organization of child care and impact on the family

**B. Boutopoulou**

The organization and management of children's hospital during pandemic

**E. Vlachioti**

Obstacles of students of health sciences in clinical practice. The paradigm of Nursing students

**P. Perdikaris**

**17:00-18:15 Round Table**

**Young scientists at the forefront of COVID-19**

Chairs: **M. Eleftheriadis, F. Bakopoulou**

The Burn out syndrome and the training of doctors to loss

**E. Mitsatsou**

The psychological management of separation to hospitalized patients during pandemic

**I. Soupidis**

The impact of the SARS-CoV-2 pandemic on the mental health of Health Care Workers of the National Health System

**V. Georgousopoulou**

Management of suspected COVID-19 incidents of adolescences and young adults

**E. Megapanou**

The special situation of labor during COVID-19

**K. Angelou**

Fertility-Pregnancy-Post natal period: during COVID-19

**E. Deligeoroglou**



**Saturday, November 28<sup>th</sup>, 2020**

**18:15-18:30 CONCLUSIONS - END OF THE SYMPOSIUM**

- A Karkani      President of A.P.P.A.C.  
M. Kousouri    Scientific Director of A.P.P.A.C.  
F. Anatolitou   President of the Organizing Committee



## SPEAKERS & CHAIRPERSONS

### **Angelou Kyveli**

Resident in Obstetrics and Gynecology 1st Department of Obstetrics and Gynecology, University of Athens Medical School, Alexandra Hospital

### **Anatolitou Fani**

MD PhD, f. Director A' NICU "Agia Sophia" Children's Hospital, G.S of the Hellenic Society of Perinatal Medicine (EEPI). Vice President of Child Health Institute

### **Alevizos Periklis**

Deputy Governor, 2<sup>n</sup> Regional Health Administration of Pireaus & Aegean YPE

### **Bakopoulou Flora**

As. Professor of Pediatrics-Adolescence Medical School of National and Kapodistrian University of Athens

### **Boutopoulou Varvara**

PhD, MSc RN. Academic Scholar National and Kapodistrian University Faculty of Nursing

### **Charitou Antonia**

Pediatrician-Neonatologist, Coordinating Director NICU, REA Maternity Hospital, Athens, General Secretary of ENE, President of the Hellenic Society of Perinatal Medicine (EEPI).

### **Chrousos George**

Professor Emeritus of Pediatrics and Endocrinology, UNESCO Chair on Adolescent Health Care, Director of the University Research Institute on Maternal and Child Health and Precision Medicine at the NKUA, and Senior Investigator at the Biomedical Research Foundation of the Academy of Athens

### **Deligeoroglou Evangelia**

MD, MSc, PhD, Resident in Obstetrics and Gynecology, National and Kapodistrian University, 2nd Department of Obstetrics and Gynecology Areteion Hospital, Athens

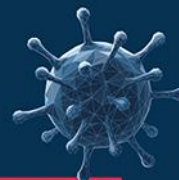
### **Efstratopoulou Maria**

As. Professor in Education, United Arab Emirates University, UAE

### **Efthymiou Effie**

As. Professor in Education, Zayed University, UAE





## SPEAKERS & CHAIRPERSONS

### **Eleftheriadis Makarios**

As. Professor, Department of Obstetrics-Gynecology National and Kapodistrian University of Athens

### **Georgousopoulou Vasiliki**

RN, Msc, PhD(c), Pediatric Nurse, 1<sup>st</sup> Department of Pediatrics, University of Athens, Aghia Sophia Children's Hospital, Athens, Greece

### **Giannakopoulou Aikaterini**

PhD Director of Pediatric Cardiology "Aghia Sophia" Children's Hospital, General Secretary Hellenic Society of Pediatric Cardiology

### **Gounaris Antonios**

Professor Emeritus of Neonatology, University of Thessaly

### **Kanaka-Gantenbein Christina**

Professor of Pediatrics and Pediatric Endocrinology, Chair of the Department of Pediatrics, National and Kapodistrian University, President of Child Health Institute

### **Karkani Anastasia**

PhD, Paris Sorbonne CITE Université Paris 7, Lecturer in Perinatal Psychology, President of Association of Psychology and Psychiatry of Adults and Children-

### **Koumoula Anastasia**

Child Psychiatrist, Coordinator of the Department of Children and Adolescents Psychiatry, Sismanoglio-Amalia Fleming Hospital

### **Kousouri- Arapi, Marina**

Professor of Psychology, SFU Paris, PhD of Psychopathology Paris 7, Clinical Psychologist-Psychoanalyst, Psychiatric Hospital "Roger Prevot"

### **Kalavrouziotis Georgios**

Cardiothoracic Surgeon Director Children's Hospital "Aghia Sophia", President of Hellenic Society of Pediatric Cardiology

### **Lemonidou Chrysoula**

Professor, f. President of the Faculty of Nursing National and Kapodistrian University of Athens



## SPEAKERS & CHAIRPERSONS

### **Lytrivi D Eirini**

As. Professor in Pediatrics, Columbia University, Irving Medical Center, USA

### **Matziou Vasilliki**

Faculty of Nursing National and Kapodistrian University, President of the Hellenic Pediatric Nursing Association.

### **Megapanou Effie**

Internal Medicine, Fellow Resident B

### **Mitsatsou Evagelia,**

General Practitioner member of the A.P.P.A.C

### **Orologas Anastasios**

Professor Emeritus of Neurology, Medical School, Aristotle University of Thessaloniki, President of Greek Multiple Sclerosis Society, Director of Multiple Sclerosis center St. LUKE'S Hospital

### **Pallikarakis Nikos**

Professor Emeritus of the University of Patras, Chairman of the Institute of Biomedical Technology (INBIT)

### **Papazafiratou Cris**

Director of Neonatology Department, Coney Island, New York

### **Perdikaris Panteleimon**

As. Professor of Pediatric Nursing Department of Nursing School of Health Sciences University of Peloponnese

### **Roilos Christos**

Governor, 2<sup>nd</sup> Regional Health Administration of Pireaus & Aegean YPE



## SPEAKERS & CHAIRPERSONS

### **Sarafidis Kosmas**

Professor in Neonatology-School of Medicine, Aristotel University Director 1<sup>st</sup> Department of Neonatology and Neonatal Intensive Care Unit "Hippokrateion" General Hospital of Thessaloniki

### **Soupidis Ioannis**

Psychiatrist member of the A.P.P.A.C

### **Theodoraki Martha**

Pediatrician-Neonatologist, Director of NICU, "Agios Panteleimon" General Hospital Nicea Piraeus, Greece

### **Theodorou Sophia**

Military Psychologist, Family & Couple Therapist Volunteer in Greek Multiple Sclerosis (MS) Company

### **Vivilaki Victoria**

As. Professor, Department of Obstetrics, University of West Attica. President Hellenic Midwives Association

### **Vlachioti Efrosini**

University Scholarship Department of Nursing, National and Kapodistrian University of Athens, Athens, Greece, Director of Nursing Service "Agia Sophia" Children's Hospital, Athens, Greece



## SPONSORS

The Organizing Committee of the 3rd International Symposium of the Association of Psychology and Psychiatry of Adults and Children (A.P.P.A.C) wishes to thank the following for their contribution:





## GENERAL INFORMATION

### Date

November 28<sup>th</sup>, 2020

### E- Congress Platform

For the participation and monitoring of the symposium, a special platform will be used that will offer the participants the maximum possible interactivity.

### Language

The official language of the Symposium is Greek. The lectures of the foreign invited speakers will be given in English and there will be no simultaneous translation.

### Certificate of attendance

A certificate of attendance will be sent via e-mail to all participants after the end of the Symposium.

### e-Badge

All delegates will be sent an e-badge with personal access details to attend the Symposium.

## FREE OF CHARGE PARTICIPATION

### The participation includes:

- Symposium attendance
- Electronic Symposium Program
- Certificate of attendance

## SYMPOSIUM SECRETARIAT



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